CLAIMS

- A method for programming at least one portion of a memory cell with a first programmed value, the method comprising:

 injecting charge having a first polarity into a first plurality of discrete charge storage elements within the memory cell;
 injecting charge having a second polarity into a portion of the first plurality of discrete charge storage elements; and

 using the first plurality of discrete charge storage elements to represent the first programmed value.
 - 2. A method as in claim 1, wherein the charge having the first polarity is injected by electrons and wherein the charge having the second polarity is injected by holes.

- 3. A method as in claim 1, further comprising:
 before said step of injecting charge having a first polarity, determining
 if a present logic state of the at least one portion of the memory
 cell is different than the first programmed value.
 - 4. A method as in claim 1, wherein the first programmed value is one of a logic state one and a logic state zero.
- 25 5. A method as in claim 1, further comprising providing a plurality of memory cells in a memory that is a non-volatile memory.

- 6. A method as in claim 5, further comprising implementing the memory as an electrically erasable programmable memory.
- 5 7. A method as in claim 1, wherein the memory cell has a first portion and a second portion, and wherein the first plurality of discrete charge storage elements are located in the first portion of the memory cell.
 - 8. A method as in claim 7, further comprising:

memory cell;

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- determining if a present logic state of the first portion of the memory cell is different than the first programmed value;
 - if the present logic state of the first portion of the memory cell is different than the first programmed value, performing said step of injecting charge having a first polarity;
- determining if a second programmed value to be programmed into the second portion of the memory cell is different than the first programmed value; and
 - if the second programmed value is different than the first programmed value, performing said step of injecting charge having a second polarity.
 - 9. A method as in claim 7, further comprising: injecting charge having a first polarity into a second plurality of discrete charge storage elements within the second portion of the

injecting charge having a second polarity into a portion of the second plurality of discrete charge storage elements; and using the second plurality of discrete charge storage elements to represent a second programmed value.

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- 10. A method as in claim 1, further comprising:
 providing the memory cell in an erased state before said step of injecting charge having a first polarity.
- 10 11. A memory, comprising:
 - means for injecting charge having a first polarity into a first plurality of discrete charge storage elements within a portion of the memory;
- means for injecting charge having a second polarity into a portion of the first plurality of discrete charge storage elements; and means for retrieving a programmed value from the first plurality of discrete charge storage elements.
- 12. A memory as in claim 11, wherein the means for injecting charge
 20 having the second polarity can concurrently inject charge to a plurality of memory cells within a row of the memory.
 - 13. A memory as in claim 11, wherein the means for injecting charge having the second polarity can concurrently inject charge to a plurality of memory cells within a column of the memory.

14. A memory, comprising:

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- a memory cell having a first portion and a second portion, said first portion having a first state and said second portion having a second state;
- a sense amplifier coupled to said memory cell wherein said sense amplifier senses the first state of said first portion and second state of said second portion; and
 - program circuitry coupled to said sense amplifier, whereby based on a comparison of the first state and second state, charge is selectively injected into at least one of said first portion and said second portion.
 - 15. A memory as in claim 14, wherein said charge is selectively injected during programming of at least one portion of the memory cell.
 - 16. A memory as in claim 14, wherein said charge comprises holes which are selectively injected during programming of at least one portion of the memory cell.
- 20 17. A memory as in claim 16, wherein said memory cell is located within a row of memory cells, and wherein said charge is injected into a plurality of memory cells within the row based on logic states stored in the plurality of memory cells.
- 25 18. A memory as in claim 14, wherein said charge is selectively injected when the first state and said second state are of opposite states.

- 19. A memory as in claim 14, wherein said charge comprises electrons.
- 20. A memory as in claim 14, wherein the memory is a non-volatilememory.
 - 21. A memory as in claim 14, wherein the memory is an electrically erasable programmable memory.